

Primary School Weekly Menu – Autumn 2026

Week 1 Allergens in red	Monday	Tuesday	Wednesday	Thursday	Friday
Thursday 3 rd Sept Monday 21 st Sept Monday 12 th Oct Monday 9 th Nov Monday 30 th Nov	Pasta with peas & smoky bacon Gluten & Milk (V) Pasta with peas & mushrooms Gluten & Milk (VG) Pasta with peas, mushroom (vegan cheese) Gluten & Milk Dessert: Sticky Toffee Pudding Wheat, Egg & Dairy	Chicken & Chorizo Paella Milk (V) (VG) Veggie Paella Milk Dessert: Sprinkle Cake Wheat & Egg	Chilli with Rice & Sweetcorn (V) Quorn Chilli with Rice and Sweetcorn Soya & Egg (VG) Mexican Beans with Rice and Sweetcorn Dessert: Peach Upside Down Cake with Custard Wheat & Egg	Roast Chicken with roast potatoes and vegetables (V) Cauliflower Cheese Dairy (VG) Vegan Steak Wheat Dessert: Fruit Jelly	Salmon Fishfingers with chips & baked beans Fish & Wheat (V) Omelette Egg Egg (V) (VG) Fishless Fingers with chips & baked beans Wheat Dessert: Fruit & Yoghurt Milk
Week 2 Allergens in red	Monday	Tuesday	Wednesday	Thursday	Friday
Monday 7 th Sept Monday 28 th Sept Monday 19 th Oct Monday 16 th Nov Monday 7 th Dec	Sweet & Sour Chicken with rice (V) Sweet & Sour Quorn Soya (VG) Sweet & Sour Veg Dessert: Lemon shortbread Gluten	Lasagne & Garlic bread Gluten, Milk & Egg (V) Vegetable Lasagne Gluten (VG) Vegan Lasagne Gluten Dessert: Pineapple Upside Down Cake Gluten & Egg	Hot Dogs and potato wedges Wheat (V) Cheese & Mushroom Omelette Egg (VG) Vegan Dogs Dessert: Fruit Yoghurt Crunch Pots Milk	Roast Chicken with mashed potatoes and vegetables Gluten & Sulphites (V) Cauliflower Cheese Milk (VG) Vegan Cauliflower Cheese Dessert: Fruit Crumble with Custard Gluten & Milk	Fish & Chips Fish & Wheat (V)(VG) Fishless fingers & Chips Wheat Dessert: Chocolate Cake & custard Gluten & Milk
Week 3 Allergens in red	Monday	Tuesday	Wednesday	Thursday	Friday
Monday 14 th Sept Monday 5 th Oct Monday 2 nd Nov Monday 23 rd Nov Monday 14 th Dec	Pasta Bolognese Gluten (V) (VG) Mixed Vegetable Bolognese Gluten Dessert: Oaty Fruit Crunch Gluten	Fish Pie with vegetables Fish & Dairy (V) Cheese & Pepper Omelette Egg & Dairy (VG) Vegetable Pie Dessert: Watermelon Pizza Dairy	Homemade Pepperoni Pizza Gluten & Milk (V) Homemade Margherita Pizza Gluten, Milk (VG) Homemade Pizza Gluten free oats Dessert: Apple Crumble & custard Gluten & Milk	Roast Pork with roast potatoes and vegetables (V) (VG) Cauli Nuggets & Roast Potatoes & veg Wheat Dessert: Brownie Gluten	Chicken Burgers with potato wedges Gluten (V) Veggie Burgers with potato wedges Soya & Gluten (VG) Vegan Burgers with potato wedges Soya & Gluten Dessert: Peach Cobbler & custard Gluten & Milk



Seasonal vegetables and bread available daily

MENUS ARE SUBJECT TO CHANGE DUE TO MARKET AVAILABILITY - FOR ANY ALLERGEN OR DIETARY ENQUIRIES, PLEASE RING WIGMORE KITCHEN 01568 770323 – 2 COURSE MEAL £2.80